

Resources Available: Please contact Head Coach



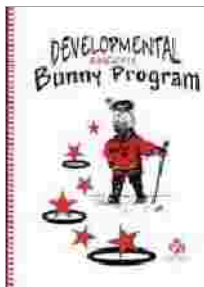
Coaching Ringette: The Fundamentals, by Elaine Brown

For those coaches who desire general information regarding Ringette skills, team organization, and development, this is the book for you. Designed primarily as a resource for new coaches who have not yet attended a clinic, this excellent reference book will also provide a refresher for all coaches. It covers the basics of coaching Ringette.



Individual & Team Strategy

This resource has been highly acclaimed as a handbook for coaches at all levels. It looks at the basics of team play and deals with various concepts.



Development Bunny Program

The Developmental Bunny Program has been designed to meet the developmental needs of 5 - 7 year olds just starting ringette but, with a little modification, could be adapted for older age groups or for second or third year players. It is designed to be used by coaches or instructors new to the sport. We have endeavored to create a user-friendly document with easy to follow instructions, including game modifications appropriate to the Bunny level.



Drill Manual

The Ringette Canada Drill Manual was developed to assist coaches of all levels. The manual content includes drills and games to improve skating, passing, shooting, ring control, balance, agility, checking, goaltending skills and much more!

Athlete Development Resources



Mental Skills Workbook for Ringette Players

This workbook is designed to be a practical and applied manual to assist you in developing the mental skills necessary for successful performances as a ringette player. The mental skills and techniques within this training manual have been utilized extensively by athletes from a wide range of sports, including ringette. The workbook will help ringette players prepare mentally for the season in a more effective manner.



New! Goalkeeping Manual

This manual has been produced to provide Ringette coaches with the information necessary to help goalkeepers develop fundamental moves. However, the manual can also be used as a self-help manual for goalkeepers who wish to improve their own skills

Instructional Resources



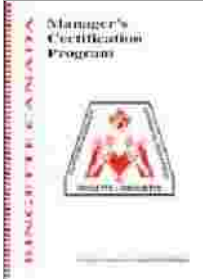
Gym Ringette Rule Book

These are the official rules of Gym Ringette.



Ringette in the Schools by William Kidd

This manual will be of use to teachers and other instructors who are teaching Ringette in the School curriculum. As well as descriptions of the skills of the game, lesson plans and gym rules are included. Available in 3 ring binder or cerlox (plastic spine) format.



Managers Certification Program

This manual is designed as an educational tool for team managers. After reading the manual, the manager completes the test and submits it to Ringette Canada for evaluation. Upon successful completion, a certificate, crest, and card are sent to the applicant.

Officiating Resources



Ringette Canada Official Rules

These are the Official Rules of Ringette. It is a must for every referee and suggested reading for all coaches, players, spectators, and all others involved in any way with the game.



Handbook on Body Contact

This handbook has been entirely rewritten to make it easier to read and understand. It is important material for all to comprehend as it is the basis for all decisions and interpretations of Body Contact. A must for everyone.



Case Book (8 1/2 x 5 1/2)

The Case Book is an extension of the Officials Rules and serves to interpret many rules and clarify situations which are open to interpretation. This is also a must for everyone to read and help you understand the game much more clearly.